



May 2010

Gateway Charter High School



4-12 TRADITIONAL

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>TERIYAKI GLAZED CHICKEN W/ FRIED RICE</p> <p>Peas & Carrots Soft Breadstick Grape Juice Bar Sugar Cookie</p>	<p>4</p> <p>SALISBURY STEAK WITH GRAVY</p> <p>Mashed Potatoes Pineapple Cup Wheat Bread</p>	<p>5</p> <p>TOASTED HAM & CHEESE ON WHEAT BREAD</p> <p>Fiesta Corn Mixed Fruit Cup PopCorners</p>	<p>6</p> <p>RIB-B-QUE</p> <p>Potato Rounds Fresh Banana^ Honey Wheat Pretzels (Multi Grain)</p>	<p>7</p> <p>PIZZA DIPPERS Marinara Dipping Sauce</p> <p>Strawberry Applesauce Fresh Orange^ Chocolate Chip Cookie</p>
<p>10</p> <p>CHICKEN TENDERS</p> <p>Baked Beans Cherry Juice Bar Corn Muffin</p>	<p>11</p> <p>PENNE PASTA W/MEAT SAUCE</p> <p>Garden Vegetables Applesauce Garlic Bread</p>	<p>12</p> <p>BREADED CHICKEN FILLET</p> <p>Whole Kernel Corn Chilled Peaches Chocolate Chip Cookie</p>	<p>13</p> <p>CHEESEBURGER</p> <p>French Fries Fresh Apple^ Sugar Cookie</p>	<p>14</p> <p>CHEESE PIZZA</p> <p>Pineapple Tidbits Fresh Orange^ Double Fudge Cookie</p>
<p>17</p> <p>MINI CORN DOGS W/POTATO FUN SHAPES</p> <p>Frozen Juice Bar Apple Waffle Snap Crackers</p>	<p>18</p> <p>CHICKEN DIPPERS W/TOMATO PARMESAN SAUCE</p> <p>Pineapple Cup Corn Muffin</p>	<p>19</p> <p>PATTY MELT SANDWICH</p> <p>Garden Green Peas Applesauce Multi Grain Sun Chips</p>	<p>20</p> <p>GRILLED CHICKEN PATTY W/ BBQ SAUCE</p> <p>Mashed Potatoes Fresh Banana^ Mini Pretzels</p>	<p>21</p> <p>PEPPERONI PISA PIZZA</p> <p>Chilled Peaches Fresh Apple^ Double Fudge Cookie</p>
<p>24</p> <p>CHICKEN TENDERS W/ POTATO WEDGES</p> <p>Cherry Juice Bar Corn Muffin</p>	<p>25</p> <p>CHEESEBURGER</p> <p>Corn Mixed Fruit Cup Honey Wheat Pretzels (Multi Grain)</p>	<p>26</p> <p>SPAGHETTI W/MEATBALLS</p> <p>Garden Vegetables Cinnamon Applesauce Strawberry Waffle Crackers</p>	<p>27</p> <p>HOT DOG AND FRENCH FRIES</p> <p>Fresh Pear^ Double Fudge Cookie</p>	<p>28</p> <p>PIZZA DIPPERS Marinara Dipping Sauce</p> <p>Orange Pineapple Juice Fresh Apple^ Star Cookies</p>
<p>31</p> <p>MEMORIAL Day</p>				

***ALL MEALS SERVED WITH APPROPRIATE BUNS, CONDIMENTS AND A CHOICE OF MILK. *MENU SUBJECT TO CHANGE.



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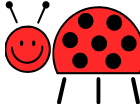



May 2010



Gateway Elementary Charter School

BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>RICE KRISPIES</p> <p>Cinnamon Breakfast Square</p> <p>Orange Pineapple Juice</p>	<p>4</p> <p>PANCAKE & TURKEY SAUSAGE ON A STICK</p> <p>Grape Juice</p>	<p>5</p> <p>BLUEBERRY MUFFIN</p> <p>Orange Juice</p>	<p>6</p> <p>CHEESE OMELET</p> <p>Honey Belly Bears</p> <p>Fresh Apple^</p>	<p>7</p> <p>MINI WHEATS LITTLE BITES (WHOLE GRAIN)</p> <p>Raisin Bran Muffin</p> <p>Apple Cranberry Juice</p>
<p>10</p> <p>FROOT LOOPS (REDUCED SUGAR)</p> <p>Cinnamon Breakfast Square</p> <p>Grape Juice</p>	<p>11</p> <p>CHICKEN BISCUIT</p> <p>Apple Cranberry Juice</p>	<p>12</p> <p>COCOA KRISPIES</p> <p>Cinnamon Bun Superstix</p> <p>Grape Juice</p>	<p>13</p> <p>BUTTERMILK WAFFLES</p> <p>Fresh Orange^</p>	<p>14</p> <p>BANANA MUFFIN</p> <p>Grape Juice</p>
<p>17</p> <p>MAPLE EGGO CRUNCH (WHOLE GRAIN)</p> <p>Strawberry Pop Tart</p> <p>Grape Juice</p>	<p>18</p> <p>PANCAKES</p> <p>Orange Pineapple Juice</p>	<p>19</p> <p>MINI WHEATS LITTLE BITES (WHOLE GRAIN)</p> <p>Sliced Bagel</p> <p>Grape Juice</p>	<p>20</p> <p>SAUSAGE PATTY ON A BISCUIT</p> <p>Fresh Orange^</p>	<p>21</p> <p>CRISPIX</p> <p>Banana Muffin</p> <p>Grape Juice</p>
<p>24</p> <p>COCOA KRISPIES</p> <p>Cinnamon Bun Superstix</p> <p>Grape Juice</p>	<p>25</p> <p>TURKEY HAM & CHEESE ON ENGLISH MUFFIN</p> <p>Apple Cranberry Juice</p> <p>Strawberry Waffle Crackers</p>	<p>26</p> <p>CINNAMON RAISIN BAGEL</p> <p>Grape Juice</p>	<p>27</p> <p>CINNAMON SWIRL FRENCH TOAST</p> <p>Fresh Apple^</p>	<p>28</p> <p>BLUEBERRY MUFFIN</p> <p>Grape Juice</p>
<p>31</p> <p>MEMORIAL DAY</p>				

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